

## SAMPLE AGENDA AND SUGGESTED READINGS FOR GROUP MEETINGS

1. Serenity Prayer (Section 1.4)
2. "Welcome to the \_\_\_\_\_ Group. This is a \_\_\_\_\_ group."  
 Open Group: Anyone may attend  
 Closed Group: A.A. - Only open to A.A. members who have a drinking problem and who have a desire to stop drinking. Al-Anon - Only open to member's whose personal lives have been affected by alcoholism in a family member or friend.  
 Men/Women  
 Step/Open Topic/Big Book/etc.
3. Self introductions. "I'm \_\_\_\_\_, I'm an \_\_\_\_\_."
4. A.A. Preamble, Al-Anon Preamble or ACOA Welcome (Section 1.5; 1.6; 1.7)
5. Opening Statement (Section 1.8)
6. A.A. Twelve Traditions or Al-Anon Twelve Traditions (Section 2.1; 2.2)
7. "Is anyone attending their first meeting, or their first meeting at this group?"  
 (Extend a personal welcome to any who respond.)
8. Selected reading(s) or thought for the day.  
 A.A. How It Works (Section 1.9)

*NOTE: Volunteer may speak briefly on a step, a tradition, a topic; or the group can follow a weekly progression of readings from any resource, preferably Conference approved, but not mandatory.*

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| Al-Anon | Twelve Steps | (Section 1.6) |
| ACOA    | Welcome      | (Section 1.7) |
9. Pass the basket. "According to the 7<sup>th</sup> Tradition, every group ought to be self-supporting through their own contributions."
  10. Old or New Business, AA related announcements, Announce the DAS commitment to Hastings Detox (Section 2.8)
  11. Request Volunteers for: Clean-up; Next week's speaker; greeters; coffee makers, etc.
  12. Medallion presentation(s). (Section 2.7)
  13. Announce this week's discussion topic, step, and/or speaker.  
 (Schedule sheets are available in Section 1.10)
  14. Group division, if needed. (A first step or orientation squad group can may be arranged for newcomers or anyone interested.)
  15. Close (Lord's Prayer)  
 "You may close your small group with the Lord's Prayer if you choose to do so."